



On course for returning to work after cancer

Because everyone needs a back-up plan



Supporting employees to return to work, or remain in work, following a diagnosis of cancer.

A diagnosis of cancer can be devastating. Beyond the physical effects of the disease and its treatment, an affected employee may feel a sense of isolation and face a period of depression. The employer plays an important part in overcoming these challenges and facilitating a safe and sustainable return to work.

This workshop has been developed using research from Oxford Economics and with valuable input from Maggie's Cancer Charity.

Who should attend?	The workshop is primarily aimed at line managers and HR professionals.
Why?	Participants will learn about the support that is appropriate and how and when to offer it. They will gain a better understanding of the likely effects of cancer and its treatment and will be more confident about discussing appropriate support with affected employees.
What does it cover?	<p>At the end of the session, participants will:</p> <ul style="list-style-type: none"> • Appreciate why the increasing number of people coping with cancer in the UK makes employer support so important • Have picked up some of the basic biology of cancer • Understand the types of treatment and their potential side-effects, including some less visible to managers or colleagues • Be equipped to provide employees with the right support at the right time, from diagnosis, through treatment to an appropriate return to work <p>All this will be illustrated through case studies and group discussion.</p>
Who delivers the workshop?	A Vocational Rehabilitation Consultant from the Unum team who has both worked with employees recovering from cancer and seen the techniques and approaches featured in the session work in practice.
How long do the sessions last?	2 hours.
How many participants at each one?	10 to 25.
Do they have to be face-to-face?	No, the workshop is also available as a webinar.
Any pre-work?	No, all content will be covered during the session.

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