



# On course for returning to work after cancer

Because everyone needs a back-up plan



## Supporting employees to return to work, or remain in work, following a diagnosis of cancer.

A diagnosis of cancer can be devastating. Beyond the physical effects of the disease and its treatment, an affected employee may feel a sense of isolation and face a period of depression. The employer plays an important part in overcoming these challenges and facilitating a safe and sustainable return to work.

This workshop has been developed using research from Oxford Economics and with valuable input from Maggie's Cancer Charity.

<b>Who should attend?</b>	The workshop is primarily aimed at line managers and HR professionals.
<b>Why?</b>	Participants will learn about the support that is appropriate and how and when to offer it. They will gain a better understanding of the likely effects of cancer and its treatment and will be more confident about discussing appropriate support with affected employees.
<b>What does it cover?</b>	<p><b>At the end of the session, participants will:</b></p> <ul style="list-style-type: none"> <li>• Appreciate why the increasing number of people coping with cancer in the UK makes employer support so important</li> <li>• Have picked up some of the basic biology of cancer</li> <li>• Understand the types of treatment and their potential side-effects, including some less visible to managers or colleagues</li> <li>• Be equipped to provide employees with the right support at the right time, from diagnosis, through treatment to an appropriate return to work</li> </ul> <p><b>All this will be illustrated through case studies and group discussion.</b></p>
<b>Who delivers the workshop?</b>	A Vocational Rehabilitation Consultant from the Unum team who has both worked with employees recovering from cancer and seen the techniques and approaches featured in the session work in practice.
<b>How long do the sessions last?</b>	2 hours.
<b>How many participants at each one?</b>	10 to 25.
<b>Do they have to be face-to-face?</b>	No, the workshop is also available as a webinar.
<b>Any pre-work?</b>	No, all content will be covered during the session.

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